



**Fresh food**  
Cooked to Order!  
Served from 9 - 3

Full menu available to take-away!

**Opening Hours**

Closed on Mondays!

Tues - Sat 9 - 4

Sun 9 - 3

<b>Breakfast</b> all day	
<b>Full Breakfast</b> egg cooked to your liking, guac, sausage, bacon, sautéed mushrooms, granary bread, homemade relish	€9.00
<b>Bretzel Bagel</b> streaky bacon, poached egg, guac, rocket, tomato, chipotle mayo	€7.00
<b>Breakfast Bap</b> jumbo sausages, bacon, fried egg, butter, homemade relish	€7.00
<b>Vegan Breakfast Burrito</b> scrambled tofu, sautéed mushrooms, roasted peppers and courgettes, tomato, guac, vegan cheese	€8.00
<b>Avocado on Toast</b> smashed avocado, homemade hummus, poached egg	€9.00
<b>Porridge</b> served with fruit compote, honey, roasted dry fruits	€4.50
<b>Pancakes &amp; Protein Pancakes</b> (see pancake menu!)	€8.50
<b>add on:</b> eggs / bacon / sausage / mushrooms / avocado	€1.50

<b>Smoothies</b> + whey protein	€4.00 €5.00
Strawberry Swirl	
Tropical Twist	

<b>Lunch</b> from 11am	
<b>Soup of the day</b> served with fresh granary bread	€5.00
<b>Fresh Salads</b> mix of 3 salads available at the counter	€7.00
<b>add on:</b> chargrilled chicken buffalo mozzarella	€2.50 €1.50
<b>Gourmet Sandwiches</b> + soup / fries	€7.00 €9.50
<b>Chargrilled chicken</b> roast tomato, rocket, basil mayo	
<b>Turkey Club</b> sliced turkey, streaky bacon, avocado, tomato, rocket, emmental cheese, ceasar dressing	
<b>Caprese Sandwich</b> sliced tomato, rocket, buffalo mozzarella, homemade pesto	
<b>Daily Specials</b> ask server for our specials of the day!	

<b>Sides</b>	
Roast Baby Potatoes	€4.00
House Fries with parmesan and mayo	€4.00
Fries	€3.00
Side Salad	€3.50

All food is fresh and made to order,  
all sauces and dressings made in house!



Fresh bread from Bretzel Bakery,  
fresh Pastries from Tartine Organics Bakery!

@peaandpoddonabate